



 **varlion**
ACADEMY

We invite you to participate in
a innovative competition training,
Varlion Academy Campus.

VARLION ACADEMY

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MÁXIMO CASTELLOTE

- International Director of **VARLION ACADEMY**
- Technical Director of **DUET SPORTS LAS ROZAS**
- National Professor of Physical Education and Science of Sport.
- Padel Instructor since 1988.
- Professional 1st category player since 1992.

VARLION, with the close collaboration of Duet Sports Las Rozas and Máximo Castellote, has created the **VARLION ACADEMY**, a new international concept of teaching in the world of padel.

The Varlion Academy arises with the aim of generating a unified education and teaching worldwide, under an institutional and corporate umbrella, with a single and international direction that will be carried out by Máximo Castellote, as Director of the Varlion Academy, and Félix Regalia, as CEO of the brand. Under the concept of Varlion Academy, four lines of action will be carried out.

- 1 - Technique: displacement work, low, special and definition shots.
- 2 - Tactics: basic theory and practice and special game analysis.
- 3 - Physical preparation: general training and specific padel training.
- 4 - Technical talks and sports nutrition.



INSTALATIONS

For training, **VARLION ACADEMY** has:

- 12 covered glass artificial grass padel courts. Included 1 court WPT certified.
- 1 padel central court with a micro stadium, covered with glass-enclosed artificial grass.
- 1 fitness club.
- 3 studies of directed activities, one of them indoor cycling.
- Physiotherapy cabinet.

WHAT INCLUDES?

- Daily training on the track and theoretical
- Campus attendance certificate.
- Gift t-shirt.

If you need accommodation, contact us and we will inform you in detail.

Expenses not included: sports equipment, laundry, massages, private paddle tennis lessons, travel from the airport to Las Rozas and back.

RATES

At the time of registration, students must send the club the following documentation:

- Photocopy of the health card.
- Photocopy of the DNI or passport.
- Receipt of income made depending on the contracted option

DISCOUNT	0%	10%
Schedule	1 week	2 weeks
9 a 14 horas	240 €	432 €

DATES

- Junio: 27 junio / 1 de julio
- Julio: 4 al 8 / 11 al 15 / 18 al 22 / 26 al 29
- Agosto: 1 al 5 / 8 al 12





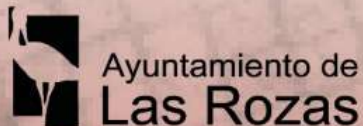
WEEK TYPE OF TRAINING

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 11:00	Technical training on the court				
11:00 - 12:00	Game tactics				
12:00 - 13:00	Theoretical	Matches	Theoretical	Coaching	Matches
13:00 - 14:00	Physical training	Video analysis	Physical training	Nutrition talk	Physical training

The campus will be taught in Spanish, Portuguese and English.



MORE INFORMATION



SPONSORS

